



# Nature Connections 2018

## Draft Programme

Presentations and Timings subject to change

#NCx2018



<b>Morning Plenary Session – OL2</b>	
9:45	Prof. Kathryn Mitchell – Vice Chancellor Welcome
9:50	Jim Burt - Natural England Current context – the 25 Year Environment Plan
9:55	Gregor Henderson National Lead, Wellbeing and Mental Health, Public Health England
10:15	Cindy McPherson Frantz Professor of Psychology & Environmental Studies, Oberlin College & Conservatory, USA
10.40	Howard Davies Chief Executive - National Association for Areas of Outstanding Natural Beauty (AONBs)
11.00	Miles Richardson Nature's Beauty, Emotion and Well-being
11:15 to 11:45	<b>Break</b>

	<b>OL2 Connections in Practice</b>	<b>OL1 Children's Connections</b>	<b>Panel – TBC</b>
11:45	Connecting people with nature for wellbeing - Catherine de Zwaan	Connection to Nature: the necessity for idleness and deep wonder - Lewis Stockwell	Green Lungs: Historic Urban Parks, Public Health and Wellbeing - Prof. Paul Elliot & Dr Jonathan Coope
12:00	Pathways in Practice: National Trust & pathways to nature connection - Penelope Chappell and Alex Hunt	Forest School and the Pathways to Nature Connection - Dr Dave Cudworth and Dr Ryan Lumber	
12:15	Dynamic Dunescapes - Kath Pyke	Unearthing a connection to nature in schools - Louise Montgomery, Alan Gange, Dawn Watling, Deborah Harvey	
12:30	Testing a new Nature Connection Index: phase 2 findings - Leanne Martin, Mat White, Anne Hunt, Miles Richardson, and Jim Burt	'Play Wild' Works!: An evaluation of nature-based taster sessions for low income families - Dr Caroline Harvey, Dr Fiona Holland, and Diane Gould.	

### **Lunch & Poster Presentations - Atrium**

12:45 to 1.45

Alexia Barrable & Elizabeth Lakin - Outdoor learning and nature connectedness: the teacher education aspect  
 Claire Moore - Connecting People with Nature for Wellbeing  
 Nick Turner and Philippa Bray - The Fieldwork Foundation  
 Anne Cleary - Connecting people with nature for wellbeing  
 Eun Yeong Choe - Investigating the role of natural environments on the efficacy of mindfulness-based stress reduction (MBSR)  
 Kate Merry - Munching Caterpillars – inspiring the next generation to care about butterflies and moths  
 Leanne Martin, Sabine Pahl, Mathew P. White & Jon May - Natural Environments and Craving: the Mediating Role of Negative Affect.  
 Nina Ockendon-Powell - Wild Happy Well: Supporting individuals and nature connection facilitators towards enhanced personal and family nature connectedness

Nicola Yeo - Connecting older adults with coasts using Virtual Reality  
 Tristan Pett - How engagement in citizen science can connect people to nature  
 Claudia Lega - Natural environments in the neighbourhood, stress and cognitive functioning  
 Debra Wilson - The rarer-than-rainforest landscape on your doorstep  
 Antonia Ivaldi - Walking in nature: The transformational role of the outdoors in understanding the self and enhancing wellbeing  
 Patricia Darcy, Dr Chris Gidlow, Dr Naomi Ellis, Dr Marc Jones - What is the evidence for Indoor Nature Exposure as a therapeutic intervention in adult clinical populations: a mixed methods systematic review  
 Sarah J - Monster Love: Facing Fauna Phobia  
 Irma Arts - Mediating Nature: Technology & (dis)connecting to the outdoors  
 Deborah Harvey, Louise Montgomery, Alan Gange & Dawn Watling - Nature friendly education - encouraging children to be close to nature

	<b>OL2 Perspectives on Connections</b>	<b>OL1 Urban Connections</b>
1:45	The nature connection – wellbeing – health nexus: What does nature connection mean to you? - Frances Harris	Increasing nature connection: 7 days with Generation Z - Francesca Boyd
2:00	Quiet connecting in loud forests: Forest therapy as pathway to nature connection in Belgian Flanders - Katriina Kilpi	Assessing the feasibility of public engagement in a smartphone app to: improve wellbeing through nature connection and map wellbeing across urban green spaces - Kirsten McEwan
2:15	Nature Connection and Eudaimonic Wellbeing: Feeling Good and Functioning Well – Alison Pritchard	Can we make more specific greenspace dose recommendations? - Rachael Pateman, Chris Neale, Alison Dyke, Peter Coventry & Steve Cinderby
2:30	Being in nature: challenging the myth of human mastery through space - Pauline Couper	Predictors of nature connection among urban residents: Assessing the effect of childhood and adult nature experiences - Anne Cleary
2:45	Embarrassed about love - Nadine Andrews	The Relationship Between Proximity to Greenspace and Mental Wellbeing in London - Vikki Houlden
3:00 to 3:30	<b>Break</b>	

	<b>OL2 Urban Connections</b>	<b>OL1 Children's Connections</b>
3:30	"I feel brighter in me-self": How do front gardens impact health and well-being? - Lauriane Suyin Chalmin-Pui	The RSPB's Wild Challenge - helping a generation deepen their connection to nature - Martyn Foster
3:45	Connecting people with nature through urban agriculture and gardening - Dr. Vitalija Povilaityte-Petri, Prof. Pierre Duez	Youth engagement: From contact with nature to environmental activists, feedback from the frontline - Coralie Hopwood
4:00	Nature connections in the city: The zoo as a rich resource for human-animal encounters - Susan Warren	Attentive relationships: literal and lyrical dimensions of children's nature connection - Dr Helen Clarke and Sharon Witt
4:15	Green Futures – connecting young people with nature and environmental issues in and around the Yorkshire Dales National Park - Gail Smith , Sarah Deane,	Artists as emplaced pedagogues: how does thinking about children's nature relations influence pedagogy? - Else Lee and Nicola Walshe
4:30 to 4.40	<b>Conference Summing up and close – OL2</b>	